



Mechanistic Insights into *Lactobacillus paracasei* KW3110 and Future Directions

KIRIN R&D DAY 2025
Kirin Holdings Company, Limited
Institute of Health Sciences

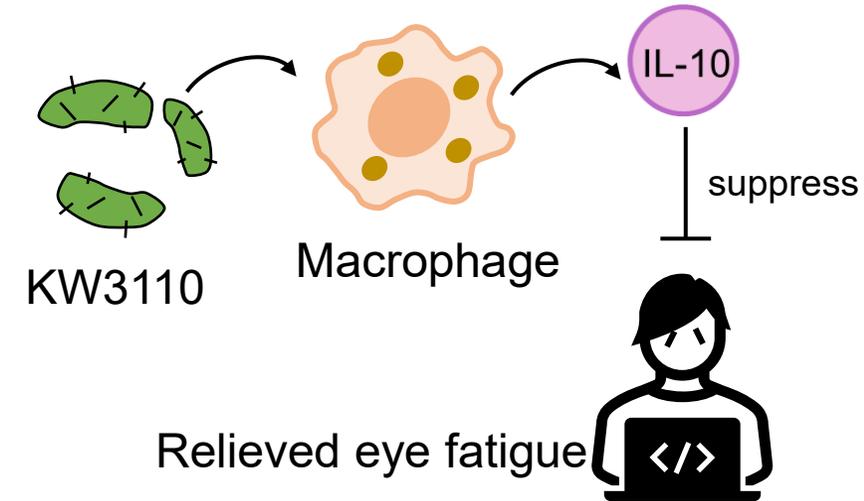
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KW3110~A promising ingredient with dual functions~



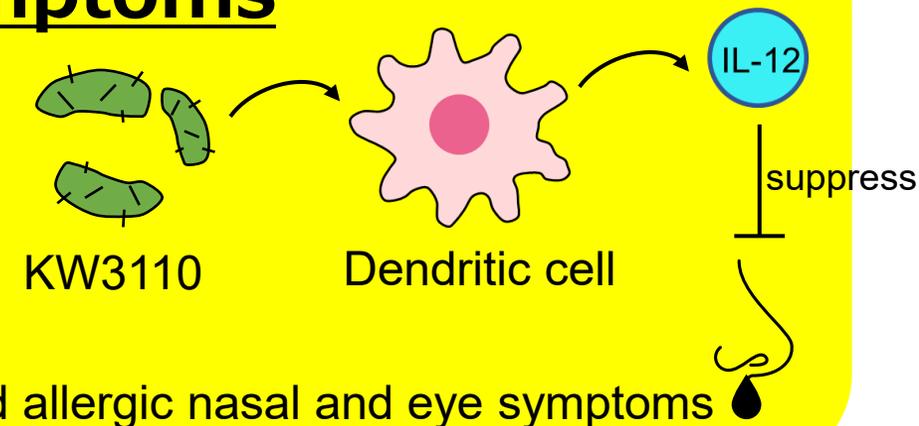
• Relieving eye fatigue

Dietary supplement with functional claim for eye care was launched in 2019



• Mitigating allergic symptoms

Reviewing for potential commercialization



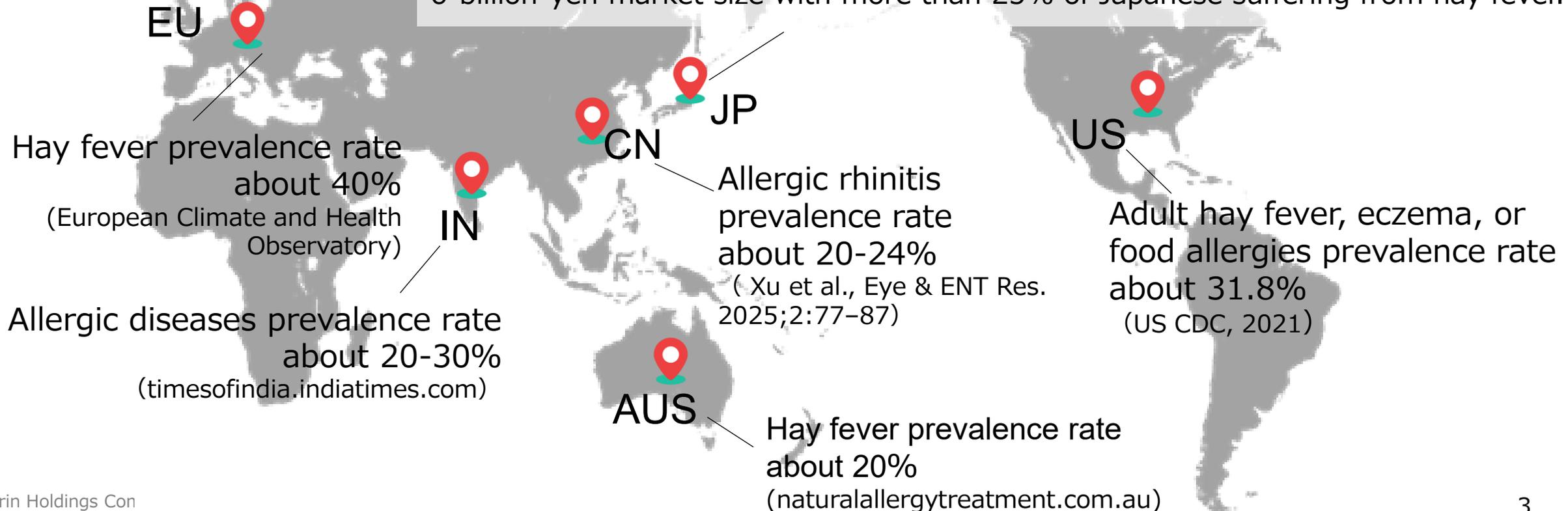
***Lactobacillus paracasei* KW3110**

A type of lactic acid bacteria discovered by Kirin co., Ltd. and Koiwai Dairy Products Co.,Ltd.

Expanding allergic market

Allergic diseases, including hay fever, exhibit high prevalence globally with notable incidence among young generations in recent years. Epidemiological data forecast further increase in prevalence due to climate change and modifications in lifestyle patterns.

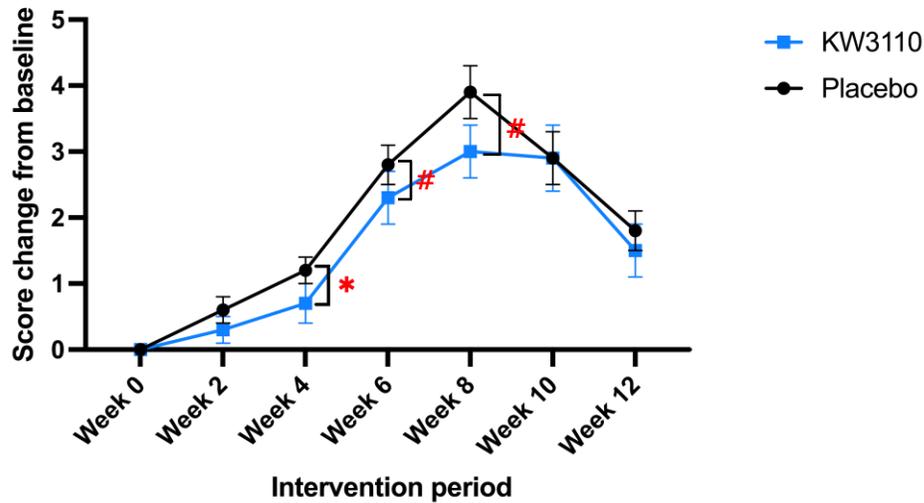
The Basic Act on Allergic Disease Countermeasures (2014).
The 10-Year Strategy for Research on Immuno-Allergic Diseases (2019).
Functional claims for "eye and nose discomfort caused by pollen" (2019).
6-billion-yen market size with more than 25% of Japanese suffering from hay fever.



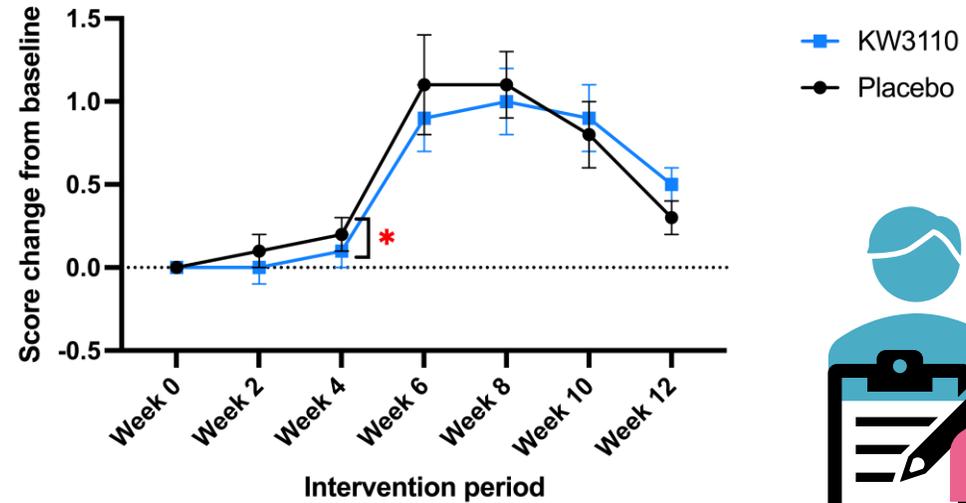
Effectiveness for the nasal and eye symptoms of seasonal allergy (Clinical study)

Effect of heat-killed *Lacticaseibacillus paracasei* KW3110 on mild to moderate seasonal allergic rhinitis symptoms in Japanese adults: a randomized, double-blind, placebo-controlled parallel-group study
Sugihara et al., Front Nutr. 2025 Jun 25; 12:1568329

Total nasal symptom score (JRQLQ NO.1)



Obstruction to outdoor activities score



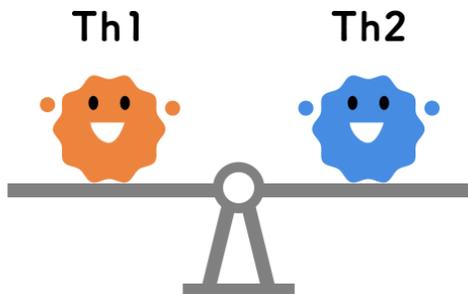
N = 54 (KW3110), 53 (Placebo group), Mean \pm SE, #: $p < 0.10$ *: $p < 0.05$

RCT study conducted in 2024 demonstrated significant improvements in nasal symptoms and outdoor activities from the primary outcome.

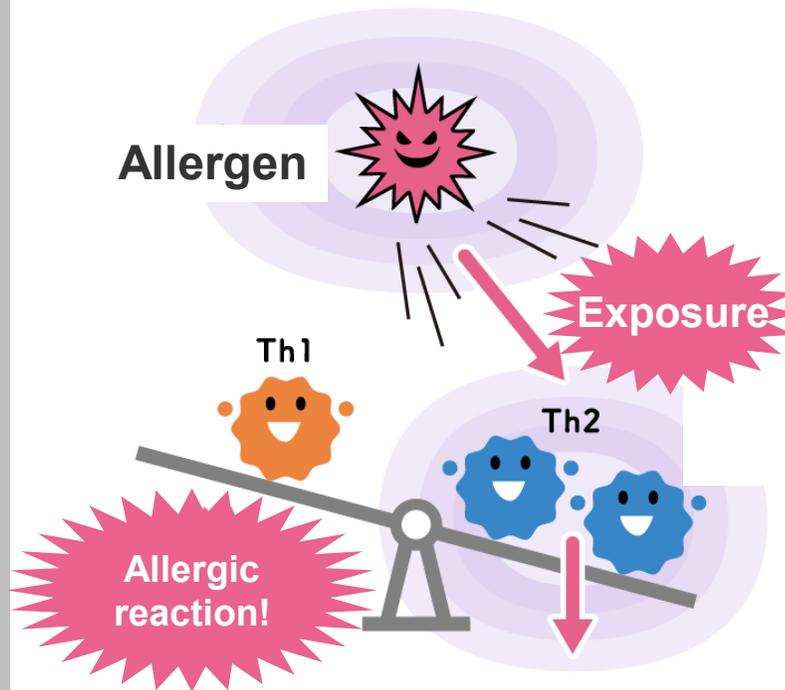
Mechanisms of allergy, actions of KW3110, and unresolved questions

<healthy individual> Proper immune balance

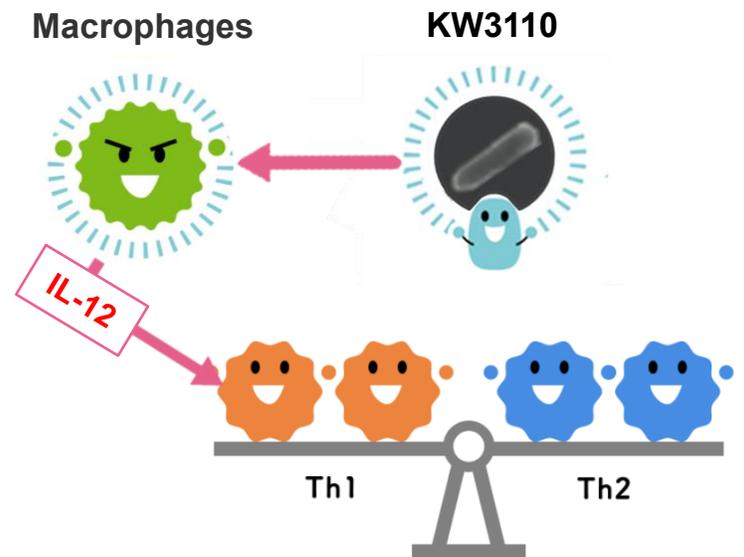
Immune cells involved
in allergic reactions



<The allergic> immune imbalance



<Actions of KW3110> Improve the balance through macrophages, IL-12

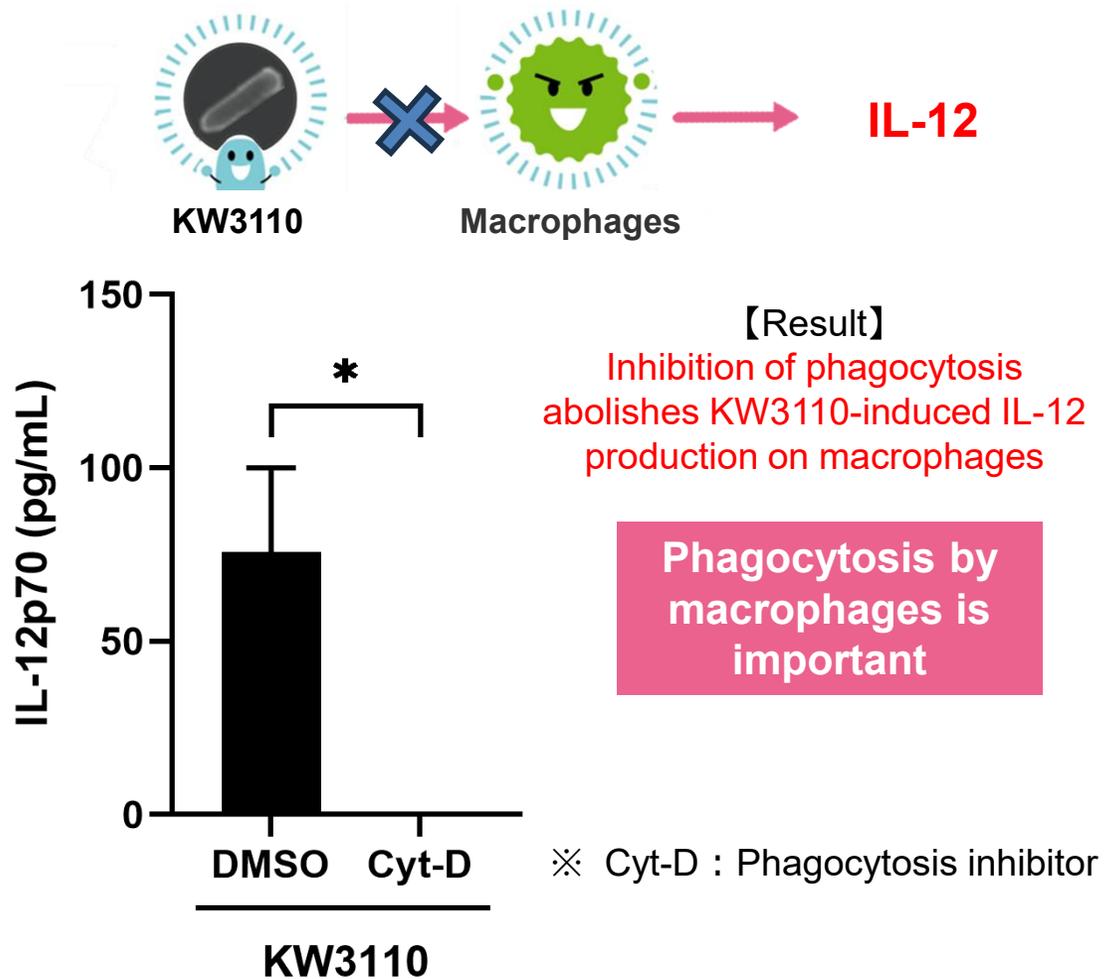


Unknown point :
Molecular mechanism of action
on macrophages

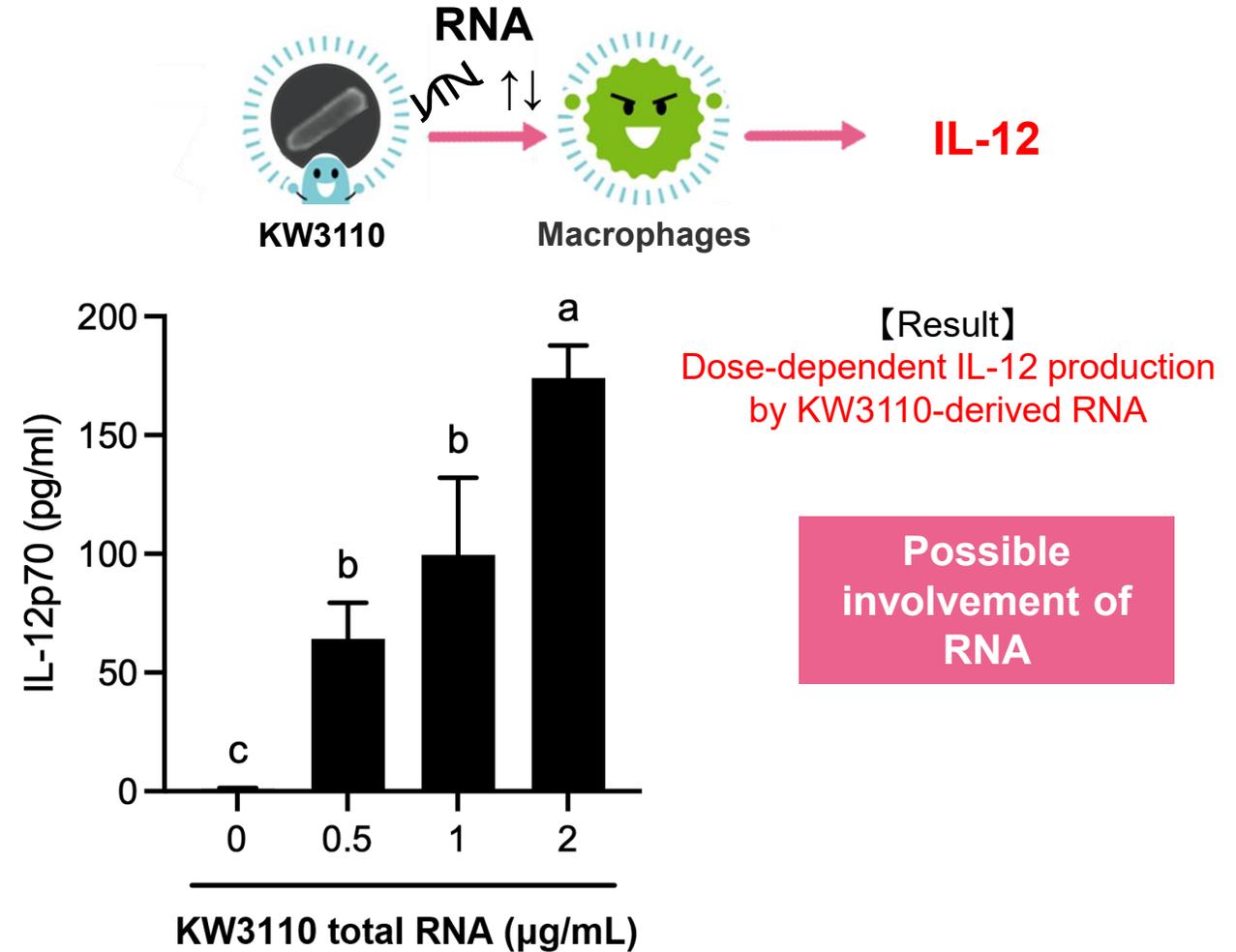
Understanding of principles through elucidation of molecular mechanisms

Promotion of IL-12 production by KW3110 is clearly important; clarify how KW3110 induces IL-12 production.

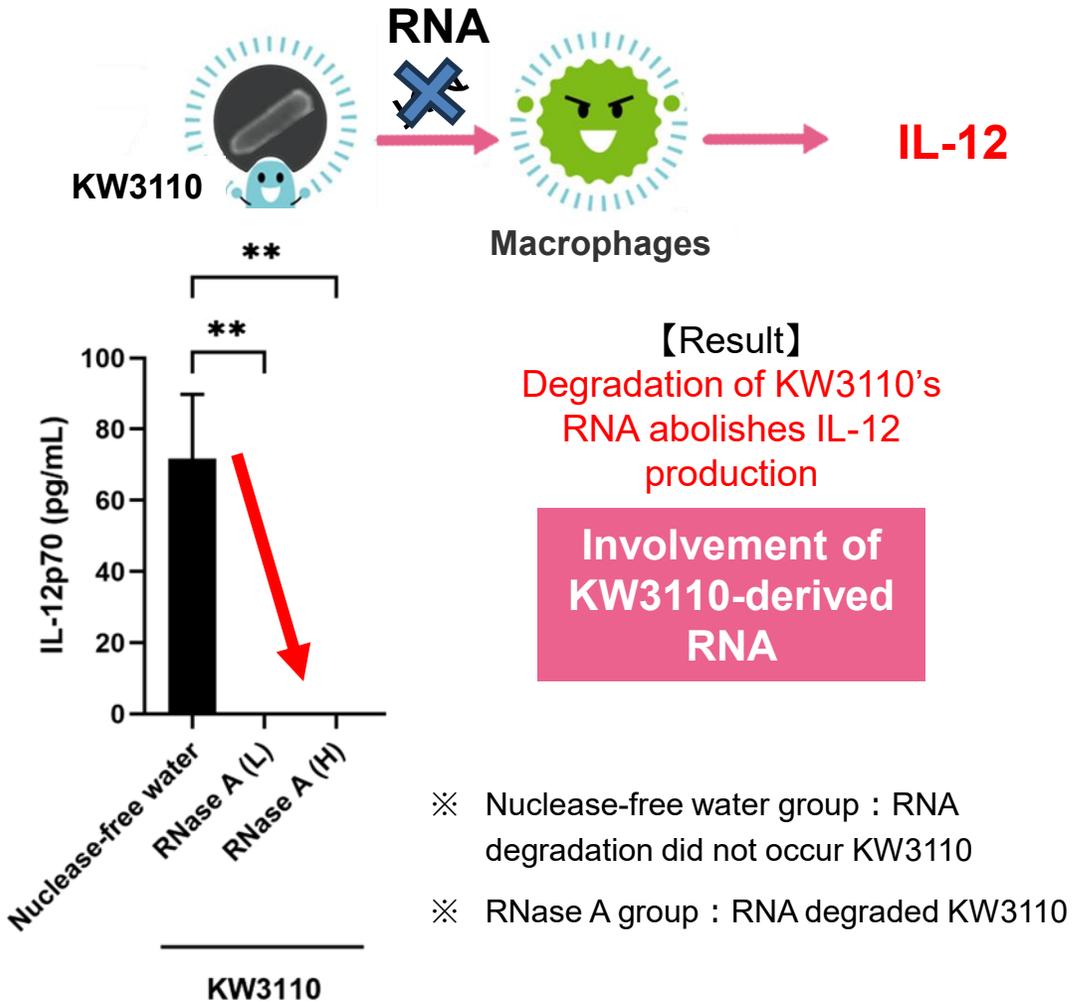
Test① : Involvement of Macrophage



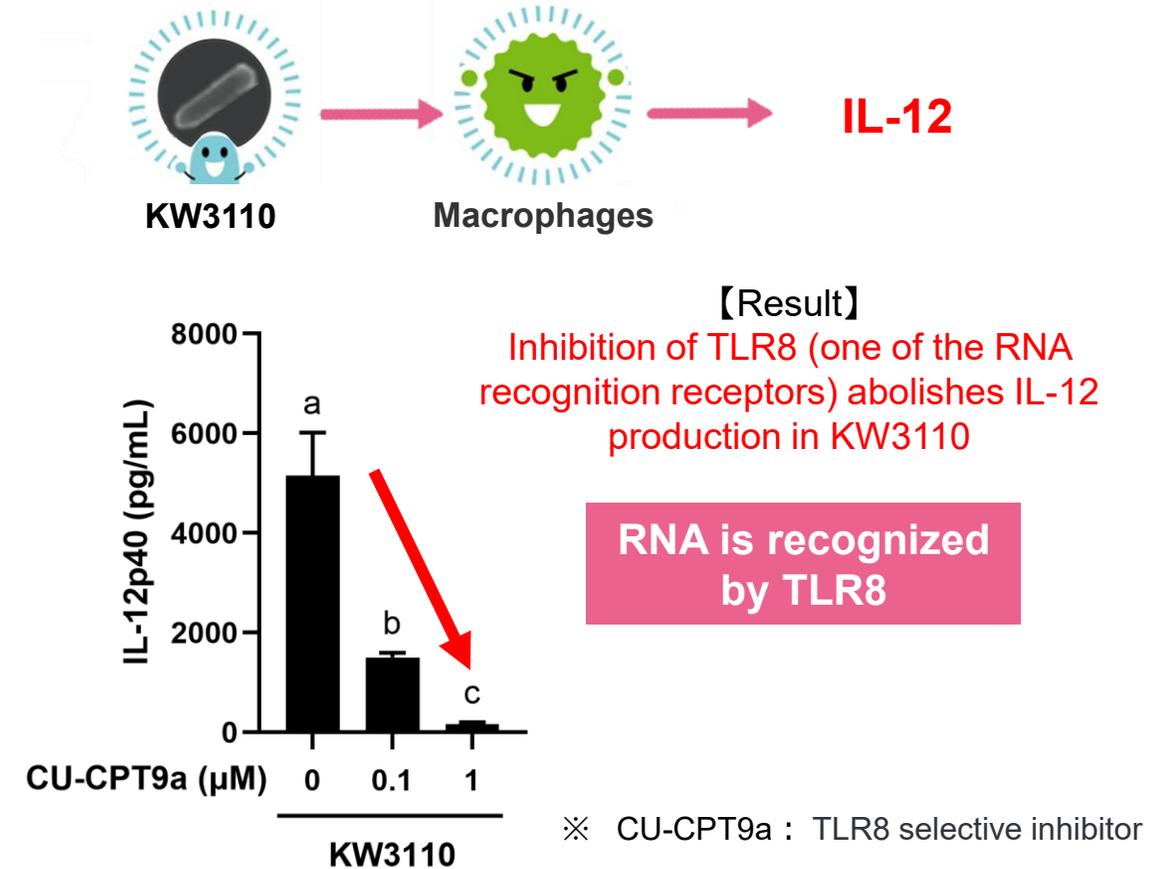
Test② : Identification of the active component in KW3110



Test③ : Functional role of RNA



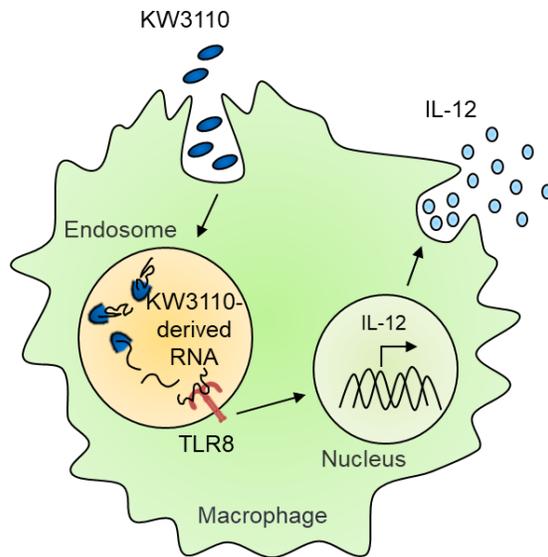
Test④ : Mechanism of RNA recognition in macrophages



What we clarified

Possible molecular mechanisms

1. KW3110 is phagocytosed by macrophages.
2. Intracellularly digested and exposed **RNA of KW3110 is recognized by TLR8** (one of the RNA recognition receptors).
3. IL-12 is produced.



Lactic acid bacteria	Activity marker	Active component	Recognition receptor (Ligand)
LC-Plasma	IFN- α	DNA	TLR9 (DNA)
KW3110	IL-12	RNA	TLR8 (RNA)

Understanding principles is the source of competitive advantage

Utilization of elucidated mechanisms for business contribution

Novel findings are used for technological development to comply with overseas regulations and for academic PR to differentiate the company from domestic and foreign competitors.

Existing findings/evidence

- Allergy alleviation by induction of IL-12 production
- Anti-inflammatory and reduces eye fatigue by promoting IL-10 production

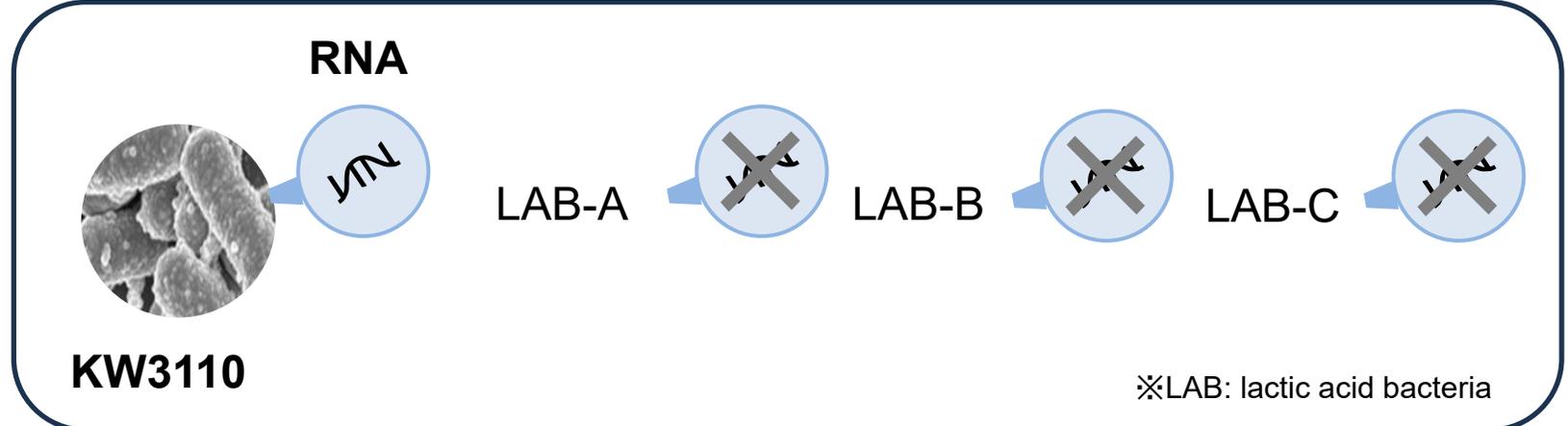
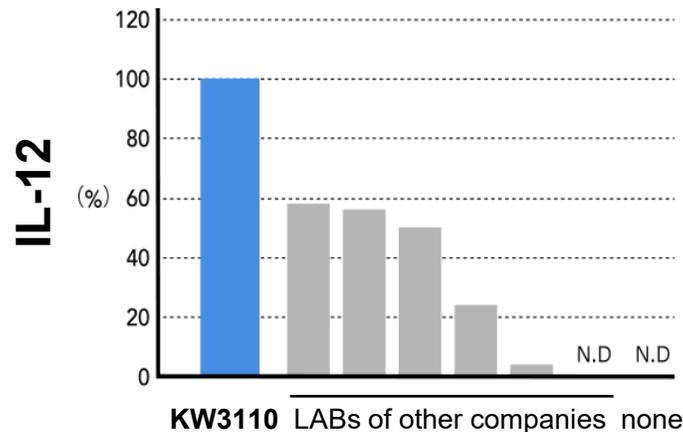
New findings on the mechanism

- Molecular mechanism of action of induction of IL-12 production

- Accelerate technology development for regulatory compliance
- Use for academic PR (differentiation from domestic and international competitors)

Possibly explain...

- why heat-killed KW3110 still have an effect.
- why KW3110 has higher IL-12 activity than other LAB.



Expanding the value of KW3110 through basic research and fundamental principles

